

race	name	time	position	category	catpos
Bad Cow Frolic	RUFFLE Diane	2:38:20	0	n/a	n/a
Bad Cow Frolic	EVERITT Patricia	5:52:14	0	n/a	n/a
Bad Cow Half Marathon	WORRALL Pauline	2:23:38	0	n/a	n/a
Bad Cow Half Marathon	WILSON Sara	2:42:13	0	n/a	n/a
Bad Cow Half Marathon	BARNES Denise	2:42:40	0	n/a	n/a
Bad Cow Half Marathon	HENDY Millie	2:52:31	0	n/a	n/a
Bad Cow Half Marathon	WILSON Ann	2:55:58	0	n/a	n/a
Bad Cow Half Marathon	BIRD Helen	2:56:24	0	n/a	n/a
Bad Cow Marathon	EVERITT Patricia	6:02:21	0	n/a	n/a
Beachy Head 10k (28-10-17)	ASH Rose	1:21:21	0		0
Bedford parkrun 294 (18-02-17)	SIMPSON Sally	0:26:43	220	F	38
Black Hill 10k (24-09-17)	TABOR Claire	0:55:30	74	n/a	n/a
Black Hill 10k (24-09-17)	JONES Katy	1:00:53	130	n/a	n/a
Black Hill 10k (24-09-17)	ASH Rose	1:27:28	256	n/a	n/a
Black Hill 10k (24-09-17)	WILSON Sara	1:31:34	262	n/a	n/a
Blackmore Vale Half marathon (05-02-17)	COTTER Rae	1:51:33	214	F50	n/a
Blackmore Vale Half marathon (05-02-17)	DOWSETT Debbie	1:58:10	265	F53	n/a
Blackmore Vale Half marathon (05-02-17)	WORRALL Pauline	2:00:36	284	F57	n/a
Blackmore Vale Half marathon (05-02-17)	RUFFLE Diane	2:17:55	344	F58	n/a
Bournemouth 10 (26-02-17)	CUMMINGS Kerstin	1:20:18	165	VF45	4
Bournemouth 10 (26-02-17)	WORRALL Pauline	1:27:37	256	VF55	7
Bournemouth 10 (26-02-17)	HOLMES-SMITH Henrietta	1:33:24	311	VF35	31
Bournemouth 10 (26-02-17)	SALMON Rhonda	1:36:43	345	VF45	28
Bournemouth 10 (26-02-17)	RUFFLE Diane	1:36:43	346	VF55	13
Bournemouth 10 (26-02-17)	HUNT Clare	1:38:30	354	VF35	47
Bournemouth 10 (26-02-17)	HENDY Millie	1:40:54	369	VF45	34
Bournemouth 10 (26-02-17)	TATTUM Rachel	1:40:54	370	VF35	52
Bournemouth 10 (26-02-17)	KONSBRUCK Loraine	1:42:26	377	VF45	36
Bournemouth 10 (26-02-17)	WATTS Sara	1:42:26	378	VF45	37
Bournemouth 10 (26-02-17)	CHARMAN Suzanne	1:44:17	388	VF45	41
Bournemouth 10 (26-02-17)	BIRD Helen	1:49:13	406	VF35	61
Bournemouth 10 (26-02-17)	BARNES Denise	1:49:33	408	VF35	62
Bournemouth 10 (26-02-17)	McGINN Ellen	1:52:32	423	VF45	50
Bournemouth 10 (26-02-17)	WILSON Ann	1:52:32	424	VF45	51
Bournemouth 10k (07-10-17)	WORRALL Pauline	0:53:13	0		0
Bournemouth 5k (07-10-17)	WORRALL Pauline	0:39:06	0		0
Bournemouth Bay 10k (02-04-17)	SALMON Rhonda	0:56:42	480	10K-F45	29
Bournemouth Bay 10k (02-04-17)	JENKINS Liz	1:12:20	1092	10K-F55+	37
Bournemouth Bay Half Marathon (02-04-17)	BARNES Denise	3:12:11	0		0
Bournemouth Bay Half Marathon (02-04-17)	HOLMES-SMITH Henrietta	2:05:22	598	HM-F35	51
Bournemouth Bay Half Marathon (02-04-17)	HUNT Clare	2:12:16	716	HM-40	47
Bournemouth Bay Half Marathon (02-04-17)	McCLOSKEY Carol	2:12:16	717	HM-F45	33
Bournemouth Bay Half Marathon (02-04-17)	ELSWORTH Susan	2:31:41	0		0
Bournemouth Bay Half Marathon (02-04-17)	BIRD Helen	2:33:16	904	HM-35	112
Bournemouth Half Marathon	TABOR Claire	1:44:26	0		0
Bournemouth Half Marathon	CHARMAN Suzanne	2:08:41	0		0
Bournemouth Half Marathon (08-10-17)	COTTER Rae	1:52:40	1218	F50	11
Bournemouth Half Marathon (08-10-17)	WILSON Sara	2:06:00	0		0
Bournemouth Half Marathon (08-10-17)	KONSBRUCK Loraine	2:08:00	0		0
Bournemouth Half Marathon (08-10-17)	McCLOSKEY Carol	2:14:37	0		0
Bournemouth Half Marathon (08-10-17)	BIRD Helen	2:43:14	0		0
Bournemouth parkrun 180 (07-01-17)	HENDY Millie	0:27:42	218	F	30
Bournemouth parkrun 180 (07-01-17)	CUMMINGS Kerstin	0:28:38	246	F	40
Bournemouth parkrun 180 (07-01-17)	HUNT Clare	0:28:57	260	F	47
Bournemouth parkrun 180 (07-01-17)	SALMON Rhonda	0:30:18	311	F	81
Bournemouth parkrun 180 (07-01-17)	KONSBRUCK Loraine	0:30:21	312	F	82
Bournemouth parkrun 180 (07-01-17)	BIRD Helen	0:31:51	345	F	97
Bournemouth parkrun 180 (07-01-17)	ELSWORTH Susan	0:33:00	365	F	111
Bournemouth parkrun 180 (07-01-17)	ROBERTS Karen	0:44:22	454	F	168
Bournemouth parkrun 181 (14-01-17)	DOWSETT Debbie	0:25:41	189	F	31
Bournemouth parkrun 181 (14-01-17)	CUMMINGS Kerstin	0:26:02	197	F	33
Bournemouth parkrun 181 (14-01-17)	WORRALL Pauline	0:26:21	203	F	36
Bournemouth parkrun 181 (14-01-17)	HUNT Clare	0:26:24	207	F	37
Bournemouth parkrun 181 (14-01-17)	HENDY Millie	0:29:43	321	F	92

race	name	time	position	category	catpos
Bournemouth parkrun 181 (14-01-17)	McCLOSKEY Carol	0:30:13	338	F	102
Bournemouth parkrun 181 (14-01-17)	KONSBRUCK Loraine	0:30:18	340	F	103
Bournemouth parkrun 181 (14-01-17)	SALMON Rhonda	0:30:18	341	F	104
Bournemouth parkrun 181 (14-01-17)	ELSWORTH Susan	0:31:35	369	F	118
Bournemouth parkrun 181 (14-01-17)	BIRD Helen	0:32:08	258	F	77
Bournemouth parkrun 181 (14-01-17)	DEAR Karen	0:35:29	449	F	170
Bournemouth parkrun 182 (21-01-17)	CUMMINGS Kerstin	0:24:26	143	F	19
Bournemouth parkrun 182 (21-01-17)	HUNT Clare	0:24:49	156	F	22
Bournemouth parkrun 182 (21-01-17)	DOWSETT Debbie	0:26:25	196	F	31
Bournemouth parkrun 182 (21-01-17)	WORRALL Pauline	0:31:04	327	F	97
Bournemouth parkrun 182 (21-01-17)	HENDY Millie	0:31:15	338	F	101
Bournemouth parkrun 182 (21-01-17)	CUTLER Sarah	0:31:59	355	F	107
Bournemouth parkrun 182 (21-01-17)	EVANS Sue	0:48:49	452	F	171
Bournemouth parkrun 183 (28-01-17)	WORRALL Pauline	0:25:57	179	F	25
Bournemouth parkrun 183 (28-01-17)	KONSBRUCK Loraine	0:29:33	281	F	70
Bournemouth parkrun 183 (28-01-17)	McCLOSKEY Carol	0:29:44	290	F	76
Bournemouth parkrun 183 (28-01-17)	SIDEBOTHAM Lydia	0:30:26	309	F	84
Bournemouth parkrun 183 (28-01-17)	ROBERTS Karen	0:37:35	423	F	149
Bournemouth parkrun 184 (04-02-17)	CUMMINGS Kerstin	0:25:47	148	F	24
Bournemouth parkrun 184 (04-02-17)	HENDY Millie	0:30:49	295	F	92
Bournemouth parkrun 184 (04-02-17)	KONSBRUCK Loraine	0:30:57	297	F	94
Bournemouth parkrun 185 (11-02-17)	HUNT Clare	0:29:18	227	F	55
Bournemouth parkrun 185 (11-02-17)	HAYWOOD Emma	0:29:43	238	F	59
Bournemouth parkrun 185 (11-02-17)	CUMMINGS Kerstin	0:29:43	239	F	60
Bournemouth parkrun 185 (11-02-17)	McCLOSKEY Carol	0:30:09	254	F	67
Bournemouth parkrun 186 (18-02-17)	CUMMINGS Kerstin	0:25:27	151	F	22
Bournemouth parkrun 186 (18-02-17)	HUNT Clare	0:25:56	168	F	26
Bournemouth parkrun 186 (18-02-17)	DOWSETT Debbie	0:26:52	196	F	40
Bournemouth parkrun 186 (18-02-17)	ELSWORTH Susan	0:31:06	301	F	93
Bournemouth parkrun 186 (18-02-17)	McCLOSKEY Carol	0:35:42	376	F	139
Bournemouth parkrun 186 (18-02-17)	ROBERTS Karen	0:46:09	413	F	168
Bournemouth parkrun 187 (25-02-17)	DOWSETT Debbie	0:25:53	180	F	24
Bournemouth parkrun 187 (25-02-17)	McCLOSKEY Carol	0:32:47	384	F	131
Bournemouth parkrun 187 (25-02-17)	DEAR Karen	0:34:28	407	F	151
Bournemouth parkrun 188 (04-03-17)	WORRALL Pauline	0:25:33	136	F	22
Bournemouth parkrun 188 (04-03-17)	CUMMINGS Kerstin	0:27:29	199	F	45
Bournemouth parkrun 188 (04-03-17)	HUNT Clare	0:27:32	201	F	47
Bournemouth parkrun 188 (04-03-17)	HENDY Millie	0:29:10	254	F	71
Bournemouth parkrun 188 (04-03-17)	KONSBRUCK Loraine	0:29:58	276	F	84
Bournemouth parkrun 188 (04-03-17)	McCLOSKEY Carol	0:31:18	306	F	100
Bournemouth parkrun 188 (04-03-17)	ROBERTS Karen	0:38:52	406	F	166
Bournemouth parkrun 189 (11-03-17)	DOWSETT Debbie	0:26:06	188	F	24
Bournemouth parkrun 190 (18-03-17)	CUMMINGS Kerstin	0:22:52	110	F	8
Bournemouth parkrun 190 (18-03-17)	HUNT Clare	0:25:07	206	F	31
Bournemouth parkrun 190 (18-03-17)	WORRALL Pauline	0:25:12	209	F	32
Bournemouth parkrun 190 (18-03-17)	DOWSETT Debbie	0:25:14	212	F	34
Bournemouth parkrun 190 (18-03-17)	HENDY Millie	0:26:23	258	F	53
Bournemouth parkrun 190 (18-03-17)	CUTLER Sarah	0:29:45	362	F	100
Bournemouth parkrun 190 (18-03-17)	McCLOSKEY Carol	0:31:09	398	F	124
Bournemouth parkrun 191 (25-03-17)	CUMMINGS Kerstin	0:23:38	114	F	10
Bournemouth parkrun 191 (25-03-17)	KONSBRUCK Loraine	0:28:04	269	F	58
Bournemouth parkrun 191 (25-03-17)	McCLOSKEY Carol	0:29:44	325	F	87
Bournemouth parkrun 191 (25-03-17)	BIRD Helen	0:31:25	360	F	111
Bournemouth parkrun 192 (01-04-17)	DOWSETT Debbie	0:28:29	246	F	52
Bournemouth parkrun 192 (01-04-17)	KONSBRUCK Loraine	0:28:32	250	F	55
Bournemouth parkrun 192 (01-04-17)	HUNT Clare	0:28:33	251	F	56
Bournemouth parkrun 192 (01-04-17)	HENDY Millie	0:28:58	260	F	61
Bournemouth parkrun 192 (01-04-17)	OZIER Patricia	0:32:17	334	F	101
Bournemouth parkrun 193 (08-04-17)	CUMMINGS Kerstin	0:23:29	101	F	8
Bournemouth parkrun 193 (08-04-17)	HAYWOOD Emma	0:24:19	125	F	14
Bournemouth parkrun 193 (08-04-17)	WORRALL Pauline	0:24:39	94	F	9
Bournemouth parkrun 193 (08-04-17)	DOWSETT Debbie	0:25:59	184	F	31
Bournemouth parkrun 193 (08-04-17)	KONSBRUCK Loraine	0:28:34	261	F	66
Bournemouth parkrun 193 (08-04-17)	BIRD Helen	0:31:26	324	F	97

race	name	time	position	category	catpos
Bournemouth parkrun 194 (15-04-17)	HAYWOOD Emma	0:24:24	132	F	17
Bournemouth parkrun 194 (15-04-17)	DOWSETT Debbie	0:24:38	147	F	24
Bournemouth parkrun 194 (15-04-17)	WORRALL Pauline	0:24:48	153	F	27
Bournemouth parkrun 194 (15-04-17)	CUMMINGS Kerstin	0:27:17	239	F	50
Bournemouth parkrun 194 (15-04-17)	HUNT Clare	0:27:22	245	F	53
Bournemouth parkrun 194 (15-04-17)	KONSBRUCK Loraine	0:29:27	314	F	82
Bournemouth parkrun 194 (15-04-17)	ELSWORTH Susan	0:29:42	325	F	88
Bournemouth parkrun 194 (15-04-17)	McCLOSKEY Carol	0:31:44	372	F	117
Bournemouth parkrun 194 (15-04-17)	ASH Rose	0:34:54	428	F	160
Bournemouth parkrun 195 (22-04-17)	DOWSETT Debbie	0:24:40	147	F	20
Bournemouth parkrun 195 (22-04-17)	SALMON Rhonda	0:26:27	217	F	47
Bournemouth parkrun 195 (22-04-17)	KONSBRUCK Loraine	0:28:03	262	F	68
Bournemouth parkrun 195 (22-04-17)	McCLOSKEY Carol	0:28:58	286	F	78
Bournemouth parkrun 195 (22-04-17)	ASH Rose	0:34:06	397	F	152
Bournemouth parkrun 196 (29-04-17)	DOWSETT Debbie	0:24:31	130	F	15
Bournemouth parkrun 196 (29-04-17)	WORRALL Pauline	0:24:42	137	F	17
Bournemouth parkrun 196 (29-04-17)	SALMON Rhonda	0:25:11	162	F	24
Bournemouth parkrun 196 (29-04-17)	CUMMINGS Kerstin	0:26:20	219	F	44
Bournemouth parkrun 196 (29-04-17)	HUNT Clare	0:26:31	226	F	49
Bournemouth parkrun 196 (29-04-17)	KONSBRUCK Loraine	0:27:24	259	F	63
Bournemouth parkrun 196 (29-04-17)	McCLOSKEY Carol	0:28:23	285	F	77
Bournemouth parkrun 196 (29-04-17)	ASH Rose	0:33:50	446	F	172
Bournemouth parkrun 197 (06-05-17)	DOWSETT Debbie	0:26:08	205	45	
Bournemouth parkrun 197 (06-05-17)	CUMMINGS Kerstin	0:26:15	210	46	
Bournemouth parkrun 197 (06-05-17)	KONSBRUCK Loraine	0:27:31	270	76	
Bournemouth parkrun 197 (06-05-17)	McCLOSKEY Carol	0:28:57	313	102	
Bournemouth parkrun 197 (06-05-17)	ELSWORTH Susan	0:29:08	322	109	
Bournemouth parkrun 197 (06-05-17)	SIDEBOTHAM Lydia	0:30:59	371	132	
Bournemouth parkrun 198 (13-05-17)	HUNT Clare	0:24:18	148	14	
Bournemouth parkrun 198 (13-05-17)	HAYWOOD Emma	0:25:29	195	27	
Bournemouth parkrun 198 (13-05-17)	LOADER Carole	0:25:30	196	28	
Bournemouth parkrun 198 (13-05-17)	CUMMINGS Kerstin	0:25:46	205	30	
Bournemouth parkrun 198 (13-05-17)	ROBERTS Karen	0:38:41	473	173	
Bournemouth parkrun 199 (20-05-17)	HAYWOOD Emma	0:24:38	166	26	
Bournemouth parkrun 199 (20-05-17)	SALMON Rhonda	0:26:03	226	47	
Bournemouth parkrun 199 (20-05-17)	ELSWORTH Susan	0:28:31	316	82	
Bournemouth parkrun 199 (20-05-17)	KONSBRUCK Loraine	0:28:37	318	84	
Bournemouth parkrun 199 (20-05-17)	HUNT Clare	0:28:37	319	85	
Bournemouth parkrun 199 (20-05-17)	McCLOSKEY Carol	0:30:02	375	112	
Bournemouth parkrun 199 (20-05-17)	EVANS Sue	0:34:43	488	184	
Bournemouth parkrun 200 (27-05-17)	HUNT Clare	0:24:08	143	16	
Bournemouth parkrun 200 (27-05-17)	KONSBRUCK Loraine	0:28:07	292	69	
Bournemouth parkrun 200 (27-05-17)	BIRD Helen	0:37:22	453	166	
Bournemouth parkrun 201 (03-06-17)	HAYWOOD Emma	0:24:40	147	F	24
Bournemouth parkrun 201 (03-06-17)	KONSBRUCK Loraine	0:28:28	290	F	73
Bournemouth parkrun 201 (03-06-17)	CUMMINGS Kerstin	0:30:43	351	F	105
Bournemouth parkrun 201 (03-06-17)	HUNT Clare	0:30:44	353	F	106
Bournemouth parkrun 201 (03-06-17)	SHARP Gina	0:34:41	412	F	147
Bournemouth parkrun 201 (03-06-17)	BIRD Helen	0:42:00	448	F	178
Bournemouth parkrun 202 (10-06-17)	CUMMINGS Kerstin	0:23:29	102	F	8
Bournemouth parkrun 202 (10-06-17)	KONSBRUCK Loraine	0:28:20	282	F	63
Bournemouth parkrun 202 (10-06-17)	BIRD Helen	0:32:04	361	F	111
Bournemouth parkrun 202 (10-06-17)	ASH Rose	0:33:42	400	F	137
Bournemouth parkrun 203 (17-06-17)	ELSWORTH Susan	0:29:36	310	F	73
Bournemouth parkrun 204 (24-06-17)	KONSBRUCK Loraine	0:28:59	239	F	61
Bournemouth parkrun 204 (24-06-17)	DOWSETT Debbie	0:29:44	258	F	69
Bournemouth parkrun 204 (24-06-17)	EVANS Sue	0:35:29	329	F	116
Bournemouth parkrun 205 (01-07-17)	SALMON Rhonda	0:25:18	143	F	19
Bournemouth parkrun 205 (01-07-17)	McCLOSKEY Carol	0:31:41	298	F	95
Bournemouth parkrun 205 (01-07-17)	DOWSETT Debbie	0:31:42	299	F	96
Bournemouth parkrun 205 (01-07-17)	HENDY Millie	0:57:27	366	F	149
Bournemouth parkrun 205 (01-07-17)	EVANS Sue	0:57:27	367	F	150
Bournemouth parkrun 206 (08-07-17)	DOWSETT Debbie	0:28:35	255	F	62
Bournemouth parkrun 206 (08-07-17)	KONSBRUCK Loraine	0:28:40	142	F	28

race	name	time	position	category	catpos
Bournemouth parkrun 207 (15-07-17)	CUMMINGS Kerstin	0:24:24	121	F	20
Bournemouth parkrun 207 (15-07-17)	HAYWOOD Emma	0:24:58	136	F	23
Bournemouth parkrun 207 (15-07-17)	SALMON Rhonda	0:25:23	153	F	28
Bournemouth parkrun 207 (15-07-17)	DOWSETT Debbie	0:27:15	214	F	49
Bournemouth parkrun 207 (15-07-17)	KONSBRUCK Loraine	0:29:06	266	F	82
Bournemouth parkrun 208 (22-07-17)	HUNT Clare	0:22:41	63	3	n/a
Bournemouth parkrun 208 (22-07-17)	CUMMINGS Kerstin	0:23:56	90	9	n/a
Bournemouth parkrun 208 (22-07-17)	DOWSETT Debbie	0:27:34	181	36	n/a
Bournemouth parkrun 208 (22-07-17)	WORRALL Pauline	0:29:02	215	53	n/a
Bournemouth parkrun 208 (22-07-17)	BIRD Helen	0:31:31	256	79	n/a
Bournemouth parkrun 209 (29-07-17)	DOWSETT Debbie	0:28:24	232	57	n/a
Bournemouth parkrun 209 (29-07-17)	KONSBRUCK Loraine	0:28:58	250	62	n/a
Bournemouth parkrun 209 (29-07-17)	EVANS Sue	0:43:31	359	128	n/a
Bournemouth parkrun 210 (05-08-17)	HAYWOOD Emma	0:24:16	117	11	n/a
Bournemouth parkrun 210 (05-08-17)	WORRALL Pauline	0:27:37	214	51	n/a
Bournemouth parkrun 210 (05-08-17)	KONSBRUCK Loraine	0:27:38	215	52	n/a
Bournemouth parkrun 210 (05-08-17)	BIRD Helen	0:31:13	300	93	n/a
Bournemouth parkrun 210 (05-08-17)	ELSWORTH Susan	0:32:07	325	104	n/a
Bournemouth parkrun 211 (12-08-17)	HUNT Clare	0:24:59	120	13	n/a
Bournemouth parkrun 211 (12-08-17)	WORRALL Pauline	0:25:58	149	25	n/a
Bournemouth parkrun 211 (12-08-17)	DOWSETT Debbie	0:27:08	183	39	n/a
Bournemouth parkrun 211 (12-08-17)	EVANS Sue	0:35:14	333	108	n/a
Bournemouth parkrun 211 (12-08-17)	ROBERTS Karen	0:44:48	363	131	n/a
Bournemouth parkrun 212 (19-08-17)	LOADER Carole	0:22:30	68	4	n/a
Bournemouth parkrun 212 (19-08-17)	CUMMINGS Kerstin	0:26:32	186	33	n/a
Bournemouth parkrun 212 (19-08-17)	HUNT Clare	0:26:32	187	34	n/a
Bournemouth parkrun 212 (19-08-17)	KONSBRUCK Loraine	0:29:02	251	58	n/a
Bournemouth parkrun 212 (19-08-17)	BIRD Helen	0:30:39	298	86	n/a
Bournemouth parkrun 213 (26-08-17)	KONSBRUCK Loraine	0:28:50	274	F	62
Bournemouth parkrun 213 (26-08-17)	ASH Rose	0:33:52	364	F	119
Bournemouth parkrun 213 (26-08-17)	EVANS Sue	0:36:02	394	F	139
Bournemouth parkrun 214 (02-09-17)	HUNT Clare	0:24:28	125	F	15
Bournemouth parkrun 214 (02-09-17)	JENKINS Liz	0:33:44	366	F	125
Bournemouth parkrun 214 (02-09-17)	ASH Rose	0:34:38	378	F	136
Bournemouth parkrun 214 (02-09-17)	ELSWORTH Susan	0:35:54	396	F	147
Bournemouth parkrun 215 (09-09-17)	CLARK Mary	0:28:36	233	F	51
Bournemouth parkrun 215 (09-09-17)	KONSBRUCK Loraine	0:29:08	248	F	61
Bournemouth parkrun 215 (09-09-17)	JENKINS Liz	0:33:55	365	F	134
Bournemouth parkrun 216 (16-09-17)	DOWSETT Debbie	0:27:04	99	F	38
Bournemouth parkrun 216 (16-09-17)	SIDEBOTHAM Lydia	0:28:58	273	F	83
Bournemouth parkrun 216 (16-09-17)	JENKINS Liz	0:33:09	361	F	138
Bournemouth parkrun 217 (23-09-17)	SALMON Rhonda	0:25:25	175	F	31
Bournemouth parkrun 217 (23-09-17)	McCLOSKEY Carol	0:28:44	291	F	79
Bournemouth parkrun 217 (23-09-17)	ELSWORTH Susan	0:29:44	323	F	98
Bournemouth parkrun 217 (23-09-17)	JENKINS Liz	0:33:23	418	F	161
Bournemouth parkrun 217 (23-09-17)	SHARP Gina	0:33:54	426	F	168
Bournemouth parkrun 218 (30-09-17)	HUNT Clare	0:23:33	83	F	11
Bournemouth parkrun 218 (30-09-17)	WORRALL Pauline	0:26:38	198	F	47
Bournemouth parkrun 218 (30-09-17)	ELSWORTH Susan	0:28:53	267	F	78
Bournemouth parkrun 218 (30-09-17)	DEAR Karen	0:38:15	442	F	186
Bournemouth parkrun 219 (07-10-17)	HUNT Clare	0:23:47	90	F	7
Bournemouth parkrun 219 (07-10-17)	DOWSETT Debbie	0:27:04	208	F	38
Bournemouth parkrun 219 (07-10-17)	SPURIN Jane	0:39:33	408	F	153
Bournemouth parkrun 220 (14-10-17)	HUNT Clare	0:23:39	107	F	11
Bournemouth parkrun 220 (14-10-17)	DOWSETT Debbie	0:29:09	297	F	80
Bournemouth parkrun 220 (14-10-17)	NIBLETT Laura	0:32:55	400	F	140
Bournemouth parkrun 220 (14-10-17)	SHARP Gina	0:33:04	404	F	142
Bournemouth parkrun 220 (14-10-17)	ASH Rose	0:33:31	416	F	152
Bournemouth parkrun 220 (14-10-17)	DEAR Karen	0:35:35	437	F	169
Bournemouth parkrun 221 (21-10-17)	ELSWORTH Susan	0:30:59	212	F	45
Bournemouth parkrun 221 (21-10-17)	McCLOSKEY Carol	0:31:32	224	F	50
Bournemouth parkrun 221 (21-10-17)	HUNT Clare	0:31:33	225	F	51
Bournemouth parkrun 221 (21-10-17)	ASH Rose	0:35:15	269	F	82
Bournemouth parkrun 221 (21-10-17)	SPURIN Jane	0:37:53	286	F	96

race	name	time	position	category	catpos
Bournemouth parkrun 222 (28-10-17)	HAYWOOD Emma	0:25:22	161	F	30
Bournemouth parkrun 222 (28-10-17)	WORRALL Pauline	0:25:24	166	F	31
Bournemouth parkrun 222 (28-10-17)	SHARP Gina	0:31:51	366	F	127
Bournemouth parkrun 222 (28-10-17)	DEAR Karen	0:36:22	435	F	177
Bournemouth parkrun 223 (04-11-17)	HORDER Caroline	0:22:26	45	F	2
Bournemouth parkrun 223 (04-11-17)	HUNT Clare	0:24:17	81	F	8
Bournemouth parkrun 223 (04-11-17)	DOWSETT Debbie	0:27:25	170	F	36
Bournemouth parkrun 223 (04-11-17)	KONSBRUCK Loraine	0:30:44	233	F	69
Bournemouth parkrun 224 (11-11-17)	HUNT Clare	0:24:52	121	F	11
Bournemouth parkrun 224 (11-11-17)	SALMON Rhonda	0:26:41	179	F	29
Bournemouth parkrun 224 (11-11-17)	ASH Rose	0:35:36	363	F	134
Bournemouth parkrun 225 (18-11-17)	HUNT Clare	0:23:02	99	F	9
Bournemouth parkrun 225 (18-11-17)	SALMON Rhonda	0:26:39	203	F	40
Bournemouth parkrun 225 (18-11-17)	ELSWORTH Susan	0:30:03	286	F	82
Bournemouth parkrun 225 (18-11-17)	HENDY Millie	0:30:18	291	F	84
Bournemouth parkrun 225 (18-11-17)	LYNCH Hester	0:30:30	300	F	91
Bournemouth parkrun 226 (25-11-17)	COTTER Rae	0:24:09	107	F	14
Bournemouth parkrun 226 (25-11-17)	STUCKEY Claire	0:25:44	160	F	25
Bournemouth parkrun 226 (25-11-17)	EVERITT Patricia	0:25:57	165	F	27
Bournemouth parkrun 226 (25-11-17)	DOWSETT Debbie	0:29:01	263	F	72
Bournemouth parkrun 227 (02-12-17)	HUNT Clare	0:24:53	128	F	21
Bournemouth parkrun 227 (02-12-17)	WORRALL Pauline	0:26:10	169	F	33
Bournemouth parkrun 227 (02-12-17)	SALMON Rhonda	0:26:14	171	F	35
Bournemouth parkrun 227 (02-12-17)	DOWSETT Debbie	0:26:16	173	F	36
Bournemouth parkrun 227 (02-12-17)	SHARP Gina	0:32:40	293	F	111
Bournemouth parkrun 227 (02-12-17)	EVANS Sue	0:34:35	312	F	122
Bournemouth parkrun 228 (09-12-17)	HUNT Clare	0:23:27	80	F	9
Bournemouth parkrun 229 (16-12-17)	HUNT Clare	0:24:40	122	F	19
Bournemouth parkrun 230 (23-12-17)	WORRALL Pauline	00:26:48	171	F	32
Bournemouth parkrun 230 (23-12-17)	WORRALL Pauline	00:26:48	171	F	32
Bournemouth parkrun 230 (23-12-17)	WORRALL Pauline	00:26:48	171	F	32
Bournemouth parkrun 230 (23-12-17)	CUMMINGS Kerstin	00:29:40	268	F	69
Bournemouth parkrun 230 (23-12-17)	CUMMINGS Kerstin	00:29:40	268	F	69
Bournemouth parkrun 230 (23-12-17)	CUMMINGS Kerstin	00:29:40	268	F	69
Bournemouth parkrun 230 (23-12-17)	McCLOSKEY Carol	00:29:50	273	F	73
Bournemouth parkrun 230 (23-12-17)	McCLOSKEY Carol	00:29:50	273	F	73
Bournemouth parkrun 230 (23-12-17)	McCLOSKEY Carol	00:29:50	273	F	73
Bournemouth parkrun 230 (23-12-17)	KONSBRUCK Loraine	00:30:35	292	F	82
Bournemouth parkrun 230 (23-12-17)	KONSBRUCK Loraine	00:30:35	292	F	82
Bournemouth parkrun 230 (23-12-17)	KONSBRUCK Loraine	00:30:35	292	F	82
Bournemouth parkrun 230 (23-12-17)	ELSWORTH Susan	00:30:53	295	F	84
Bournemouth parkrun 230 (23-12-17)	ELSWORTH Susan	00:30:53	295	F	84
Bournemouth parkrun 230 (23-12-17)	ELSWORTH Susan	00:30:53	295	F	84
Bournemouth parkrun 230 (23-12-17)	HUNT Clare	00:31:34	323	F	100
Bournemouth parkrun 230 (23-12-17)	HUNT Clare	00:31:34	323	F	100
Bournemouth parkrun 230 (23-12-17)	HUNT Clare	00:31:34	323	F	100
Bournemouth parkrun 230 (23-12-17)	DOWSETT Debbie	00:31:35	326	F	102
Bournemouth parkrun 230 (23-12-17)	DOWSETT Debbie	00:31:35	326	F	102
Bournemouth parkrun 230 (23-12-17)	DOWSETT Debbie	00:31:35	326	F	102
Bournemouth parkrun 230 (23-12-17)	ASH Rose	00:35:54	400	F	153
Bournemouth parkrun 230 (23-12-17)	ASH Rose	00:35:54	400	F	153
Bournemouth parkrun 230 (23-12-17)	ASH Rose	00:35:54	400	F	153
Bournemouth parkrun 230 (23-12-17)	EVANS Sue	00:35:55	401	F	154
Bournemouth parkrun 230 (23-12-17)	EVANS Sue	00:35:55	401	F	154
Bournemouth parkrun 230 (23-12-17)	EVANS Sue	00:35:55	401	F	154
Bournemouth parkrun 230 (23-12-17)	WORRALL Pauline	0:26:48	171	F	32
Bournemouth parkrun 230 (23-12-17)	CUMMINGS Kerstin	0:29:40	268	F	69
Bournemouth parkrun 230 (23-12-17)	McCLOSKEY Carol	0:29:50	273	F	73
Bournemouth parkrun 230 (23-12-17)	KONSBRUCK Loraine	0:30:35	292	F	82
Bournemouth parkrun 230 (23-12-17)	ELSWORTH Susan	0:30:53	295	F	84
Bournemouth parkrun 230 (23-12-17)	HUNT Clare	0:31:34	323	F	100
Bournemouth parkrun 230 (23-12-17)	DOWSETT Debbie	0:31:35	326	F	102
Bournemouth parkrun 230 (23-12-17)	ASH Rose	0:35:54	400	F	153
Bournemouth parkrun 230 (23-12-17)	EVANS Sue	0:35:55	401	F	154

race	name	time	position	category	catpos
Bovington Half Marathon (17-12-17)	McCLOSKEY Carol	3:20:14	315	F50	15
Bovington Half Marathon (17-12-17)	WATTS Sara	3:20:14	313	F50	16
Bovington Half Marathon (17-12-17)	JONES Katy	3:20:14	314	F35	30
Bovington Half Marathon (17-12-17)	DOWSETT Debbie	3:23:56	339	F50	18
Bovington Half Marathon (17-12-17)	HOLMES-SMITH Henrietta	3:32:08	381	F35	37
Bovington Half Marathon (17-12-17)	CHARMAN Suzanne	3:32:09	382	F50	20
Bovington Half Marathon (17-12-17)	HUNT Clare	3:39:07	427	F40	26
Bovington Half Marathon (17-12-17)	KONSBRUCK Loraine	3:39:35	429	F50	29
Bovington Half Marathon (17-12-17)	EVERITT Patricia	3:39:35	430	F55	12
Bovington Half Marathon (17-12-17)	ELSWORTH Susan	3:44:44	470	F40	34
Bovington Half Marathon (17-12-17)	TATTUM Rachel	3:45:42	480	F40	35
Bovington Half Marathon (17-12-17)	WILSON Ann	4:02:43	545	F50	38
Bovington Half Marathon (17-12-17)	WORRALL Pauline	4:03:19	544	F55	21
Bovington Half Marathon (17-12-17)	BARNES Denise	4:07:06	553	F35	57
Bovington Half Marathon (17-12-17)	SHARP Louise	4:08:25	565	F50	41
Bovington Half Marathon (17-12-17)	SPURIN Jane	4:29:40	624	F50	48
Bovington Half Marathon (17-12-17)	BIRD Helen	4:29:40	626	F40	55
Bovington Half Marathon (17-12-17)	EVANS Sue	4:29:40	627	F60	7
Bovington Marathon (16-12-17)	EVERITT Patricia	5:50:59	313	F55	8
Bovington Marathon (16-12-17)	COTTER Rae	5:51:01	314	F50	11
Bovington Marathon (16-12-17)	LOADER Carole	5:51:01	316	F50	12
Bovington Marathon (16-12-17)	CAMP Debbie	5:51:01	317	F50	13
Bovington Marathon (16-12-17)	TABOR Claire	5:51:05	318	F35	17
Bovington Marathon (16-12-17)	HAYWOOD Emma	5:57:12	330	F45	19
Bovington Marathon (16-12-17)	CUMMINGS Kerstin	5:57:12	331	F50	14
Bridport 10 (06-08-17)	HENDY Millie	1:36:00	70		0
Brighton Marathon (09-04-17)	TABOR Claire	4:01:40	0	0	0
Brighton Marathon (09-04-17)	JONES Katy	5:35:09	0	0	0
Broadstone Quarter (01-01-17)	DOWSETT Debbie	0:55:52	223	n/a	n/a
Broadstone Quarter (01-01-17)	WORRALL Pauline	0:58:28	255	n/a	n/a
Broadstone Quarter (01-01-17)	RUFFLE Diane	0:58:28	256	n/a	n/a
Broadstone Quarter (01-01-17)	TAYLOR Liz	0:59:04	262	n/a	n/a
Broadstone Quarter (01-01-17)	FOX Joan	1:03:22	301	n/a	n/a
Brockenhurst parkrun 228 (25-11-17)	WORRALL Pauline	0:28:15	92	F	24
Brockenhurst parkrun 228 (25-11-17)	McCLOSKEY Carol	0:28:42	95	F	25
Brockenhurst parkrun 228 (25-11-17)	CHARMAN Suzanne	0:28:56	98	F	26
Brockenhurst parkrun 228 (25-11-17)	KONSBRUCK Loraine	0:30:23	112	F	32
Brockenhurst parkrun 228 (25-11-17)	SPURIN Jane	0:38:09	182	F	80
Bryn Bach parkrun 245 (24-06-17)	HASLETT Helen	0:33:29	119	F	51
Burnley parkrun 283 (02-12-17)	SPURIN Jane	0:36:31	243	F	93
Bushy parkrun 695 (26-08-17)	SIDEBOTHAM Lydia	0:30:38	830	F	247
Cakeathon 13.3 (14-01-17)	WILSON Sara	2:30:27	0		0
Cambridge parkrun 399 (25-11-17)	HASLETT Helen	0:32:53	359	F	109
Casterbridge Half Marathon (28-05-17)	WORRALL Pauline	2:11:44	286	Female 50+	19
Casterbridge Half Marathon (28-05-17)	McCLOSKEY Carol	2:16:03	333	Female 50+	26
Casterbridge Half Marathon (28-05-17)	FOX Joan	2:22:59	406	Female 60+	6
Casterbridge Half Marathon (28-05-17)	RUFFLE Diane	2:26:39	445	Female 50+	34
Casterbridge Half Marathon (28-05-17)	BIRD Helen	2:35:02	511	Female 40+	91
Chase Half Marathon (09-07-17)	TABOR Claire	2:19:43	60	F30-39	5
Chase Half Marathon (09-07-17)	WORRALL Pauline	2:56:20	130	F50-59	13
Chase Half Marathon (09-07-17)	FOX Joan	2:57:47	133	F60+	1
Chase Half Marathon (09-07-17)	BIRD Helen	2:59:56	137	F40-49	18
Chase Half Marathon (09-07-17)	BARNES Denise	3:06:01	151	F30-39	21
Chase Half Marathon (09-07-17)	WILSON Sara	3:07:16	152	F40-49	23
Chase Half Marathon (09-07-17)	WILSON Ann	3:34:02	194	F50-59	23
Cheddar Gorge Marathon (10-09-17)	LOADER Carole	4:45:01	0		
Christmas 10k (12-12-17)	DOWSETT Debbie	0:53:35	222	n/a	n/a
Christmas 10k (12-12-17)	WILSON Sara	0:54:48	236	n/a	n/a
Christmas 10k (12-12-17)	HYLTON Samantha	0:55:12	240	n/a	n/a
Christmas 10k (12-12-17)	SALMON Rhonda	0:56:02	253	n/a	n/a
Christmas 10k (12-12-17)	STUCKEY Claire	0:56:16	259	n/a	n/a
Christmas 10k (12-12-17)	CHARMAN Suzanne	0:58:55	0		0
Christmas 10k (12-12-17)	WATTS Sara	0:58:56	297	n/a	n/a
Christmas 10k (12-12-17)	HOLMES-SMITH Henrietta	1:03:49	355	n/a	n/a

race	name	time	position	category	catpos
Christmas 10k (12-12-17)	KEMP Caroline	1:04:35	362	n/a	n/a
Christmas 10k (12-12-17)	HAIROVIC Elma	1:04:36	364	n/a	n/a
Christmas 10k (12-12-17)	PONDER Becca	1:05:05	367	n/a	n/a
Christmas 10k (12-12-17)	McGINN Ellen	1:05:47	376	n/a	n/a
Christmas 10k (12-12-17)	EVANS Sue	1:13:32	435	n/a	n/a
Cider Frolic (08-07-17)	HAYWOOD Emma	6:31:00	0		0
Cider Frolic (08-07-17)	HUNT Clare	n/a	0	n/a	n/a
Cider Frolic (08-07-17)	LOADER Carole	n/a	0	n/a	n/a
Cider Frolic (08-07-17)	WILSON Ann	n/a	0	n/a	n/a
Cider Frolic (08-07-17)	WORRALL Pauline	n/a	0	n/a	n/a
Cider Frolic (08-07-17)	BARNES Denise	n/a	0	n/a	n/a
CTS Sussex (18-02-17)	COTTER Rae	2:07:51	172	F50	2
D'Urberville Dash (23-07-17)	COTTER Rae	0:50:23	107	F50	2
D'Urberville Dash (23-07-17)	FOX Joan	1:01:40	249	F65	3
D'Urberville Dash (23-07-17)	BIRD Helen	1:07:38	318	F40	21
D'Urberville Dash (23-07-17)	ASH Rose	1:14:30	358	F60	7
Dark Valley 10k (11-11-17)	HAYWOOD Emma	1:16:28	178	F40-49	39
Dark Valley 10k (11-11-17)	WORRALL Pauline	1:16:34	181	F50-59	15
Dark Valley 10k (11-11-17)	CUMMINGS Kerstin	1:16:36	182	F50-59	16
Dark Valley 10k (11-11-17)	HUNT Clare	1:16:37	183	F40-49	40
Dark Valley 10k (11-11-17)	HENDY Millie	1:16:38	184	F50-59	17
Dark Valley 10k (11-11-17)	WILSON Ann	1:17:29	193	F50-59	22
Dark Valley Half Marathon (11-11-17)	BIRD Helen	2:52:22	269	F40-49	57
Dark Valley Half Marathon (11-11-17)	PONDER Becca	2:53:15	273	F40-49	59
Dark Valley Half Marathon (11-11-17)	EVERITT Patricia	2:55:37	277	F50-59	27
Dark Valley Half Marathon (11-11-17)	BARNES Denise	2:55:39	278	F30-39	43
Dark Valley Half Marathon (11-11-17)	McGINN Ellen	2:55:40	279	F50-59	28
Decathlon Poole 5K (02-07-17)	COTTER Rae	0:29:45	0	N/A	N/A
Disneyland Paris 10k (23-09-17)	BIRD Helen	1:29:00	0	n/a	n/a
Disneyland Paris Half Marathon (24-09-17)	BIRD Helen	3:33:00	0	n/a	n/a
Dorchester Marathon (28-05-17)	HORDER Caroline	3:34:25	62	Female 60+	1
Dorchester Marathon (28-05-17)	CUMMINGS Kerstin	3:48:35	107	Female 50+	2
Dorchester Marathon (28-05-17)	WATTS Sara	3:57:13	147	Female 40+	8
Dorchester Marathon (28-05-17)	McGINN Ellen	4:47:40	439	Female 50+	26
Dorset Invader Half Marathon (29-07-17)	WORRALL Pauline	2:59:01	258	F50-59	19
Dorset Invader Half Marathon (29-07-17)	KONSBRUCK Loraine	3:16:32	325	F50-59	26
Dorset Invader Half Marathon (29-07-17)	WILSON Sara	3:16:32	326	F40-49	45
Dorset Invader Half Marathon (29-07-17)	WATTS Sara	3:16:32	327	F40-49	44
Dorset Invader Half Marathon (29-07-17)	BIRD Helen	3:22:16	342	F40-49	48
Dorset Invader Half Marathon (29-07-17)	CHARMAN Suzanne	3:26:20	357	F50-59	30
Dorset Invader Half Marathon (29-07-17)	HAIROVIC Elma	3:26:20	356	F40-49	55
Dorset Invader Half Marathon (29-07-17)	KIBBLE Lauren	3:26:20	358	F30-39	54
Dorset Invader Half Marathon (29-07-17)	KEMP Caroline	3:26:20	359	F50-59	31
Dorset Invader Half Marathon (29-07-17)	WILSON Ann	4:15:37	464	F50-59	56
Dorset Invader Half Marathon (29-07-17)	BARNES Denise	4:15:40	465	F30-39	73
Dorset Invader Marathon (29-07-17)	CAMP Debbie	5:20:05	103	F50-59	7
Dorset Maverick	WATTS Sara	1:35:48	0	0	0
East Farm 10k (27-08-17)	TATTUM Rachel	1:08:35	0	n/a	n/a
East Farm Frolic (27-08-17)	DOVE Leeanne	3:53:04	0	n/a	n/a
East Farm Frolic (27-08-17)	HAYWOOD Emma	6:32:00	0		0
East Farm Half Marathon (27-08-17)	WORRALL Pauline	3:01:28	0	n/a	n/a
East Farm Half Marathon (27-08-17)	HUNT Clare	3:05:15	0	n/a	n/a
East Farm Half Marathon (27-08-17)	WILSON Sara	3:06:14	0	n/a	n/a
East Farm Half Marathon (27-08-17)	BIRD Helen	3:06:25	0	n/a	n/a
East Farm Half Marathon (27-08-17)	BARNES Denise	3:37:16	0	n/a	n/a
East Farm Half Marathon (27-08-17)	WILSON Ann	3:49:13	0	n/a	n/a
East Farm Marathon (27-08-17)	CAMP Debbie	4:45:27	0	n/a	n/a
Edinburgh Marathon (28-05-17)	PONDER Becca	4:38:35	3680		
Endurance Life 10k (02-12-17)	McCLOSKEY Carol	1:20:29	0		0
Exeter Riverside parkrun 173 (09-12-17)	SPURIN Jane	0:36:54	251	F	106
Exmoor Trail Half (29-10-17)	McCLOSKEY Carol	3:41:32	0		0
Exmoor Trail Marathon (29-10-17)	EVERITT Patricia	6:54:16	0		0
Farnborough Half Marathon (22-01-17)	COTTER Rae	1:50:26	0		0
Folksworth 15 (22-01-17)	WILSON Sara	2:26:27	0		0

race	name	time	position	category	catpos
Giants Head Marathon (24-06-17)	TABOR Claire	5:07:09	109	f 35-39	2
Giants Head Marathon (24-06-17)	LOADER Carole	5:07:10	110	f 50-54	6
Giants Head Marathon (24-06-17)	CAMP Debbie	5:13:39	125	f 50-54	8
Giants Head Marathon (24-06-17)	CUMMINGS Kerstin	5:18:59	133	f 50-54	9
Giants Head Marathon (24-06-17)	HAYWOOD Emma	5:43:12	202	f 45-49	18
Giants Head Marathon (24-06-17)	COTTER Rae	6:06:37	284	f 50-54	17
Giants Head Marathon (24-06-17)	HUNT Clare	6:36:46	346	f 40-44	31
Giants Head Marathon (24-06-17)	PONDER Becca	6:36:46	345	f 45-49	27
Giants Head Marathon (24-06-17)	WILSON Sara	7:13:51	0		0
Gnoll parkrun 90 (05-08-17)	DOWSETT Debbie	0:26:51	31	4	n/a
Great South Run (22-10-17)	BIRD Helen	1:57:56	0	n/a	n/a
Hard Way Half (21-05-17)	COTTER Rae	2:06:45	35	F50	2
Hoburne 5	DOWSETT Debbie	0:43:16	0		0
JP Morgan Corporate Challenge (06-07-17)	COTTER Rae	0:27:54	7022	F	599
Jurassic Coast Challenge Day 1 (24-03-17)	WOODS Claire	5:28:28	38	FV	n/a
Jurassic Coast Challenge Day 1 (24-03-17)	LOADER Carole	5:40:06	54	FSV	n/a
Jurassic Coast Challenge Day 1 (24-03-17)	HORDER Caroline	6:25:51	111	FSV	n/a
Jurassic Coast Challenge Day 1 (24-03-17)	EVERITT Patricia	7:50:18	182	FSV	n/a
Jurassic Coast Challenge Day 2 (25-03-17)	WOODS Claire	5:17:20	24	FV	n/a
Jurassic Coast Challenge Day 2 (25-03-17)	LOADER Carole	5:54:43	67	FSV	n/a
Jurassic Coast Challenge Day 2 (25-03-17)	EVERITT Patricia	9:07:37	229	FSV	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	WOODS Claire	5:24:24	15	FSV	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	HORDER Caroline	6:48:35	97	FSV	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	CUMMINGS Kerstin	7:13:44	130	FSV	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	COTTER Rae	7:13:47	130	FSV	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	LOADER Carole	7:13:47	130	FSV	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	HAYWOOD Emma	7:13:49	130	FV	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	TABOR Claire	7:13:50	130	FS	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	CAMP Debbie	7:13:56	130	FSV	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	BURROWS Jacqui	7:14:02	130	FSV	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	DOWSETT Debbie	7:14:10	130	FSV	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	WILSON Ann	9:11:39	196	FSV	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	EVERITT Patricia	9:37:42	210	FSV	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	BARNES Denise	9:49:52	214	FS	n/a
Jurassic Coast Challenge Day 3 (26-03-17)	JONES Katy	9:49:55	215	FS	n/a
Larmer Tree 10 (11-03-17)	TABOR Claire	1:32:00	86	Female Open	11
Larmer Tree 10 (11-03-17)	HOLMES-SMITH Henrietta	2:06:13	277	Female Open	69
Larmer Tree 10 (11-03-17)	WORRALL Pauline	2:06:36	279	Female 50+	20
Larmer Tree 10 (11-03-17)	BARNES Denise	2:06:39	280	Female Open	71
Larmer Tree 10 (11-03-17)	COTTER Rae	2:06:39	282	Female 50+	21
Larmer Tree 10 (11-03-17)	CUMMINGS Kerstin	2:06:39	281	Female 50+	22
Larmer Tree 10 (11-03-17)	KONSBRUCK Loraine	2:08:10	294	Female 50+	26
Larmer Tree 10 (11-03-17)	BIRD Helen	2:13:54	329	Female 40+	63
Larmer Tree 10 (11-03-17)	McGINN Ellen	2:14:58	339	Female 40+	66
Larmer Tree 10 (11-03-17)	HENDY Millie	2:14:59	340	Female 40+	67
Larmer Tree 10 (11-03-17)	ASH Rose	2:16:36	437	Female 60+	7
Larmer Tree 10 (11-03-17)	WILSON Ann	2:23:50	391	Female 50+	44
Larmer Tree 20 (11-03-17)	LOADER Carole	3:34:25	44	f 50-54	1
Larmer Tree 20 (12-03-17)	HAYWOOD Emma	4:01:00	88	f 45-49	9
Larmer Tree 20 (12-03-17)	WATTS Sara	4:18:04	132	f 45-49	15
Larmer Tree 20 (12-03-17)	CHARMAN Suzanne	4:18:06	133	f 45-49	?
Larmer Tree Half (12-03-17)	HUNT Clare	3:19:13	263	F40-44	32
Larmer Tree Half (12-03-17)	WILSON Sara	3:19:13	264	F40-44	33
Larmer Tree Marathon (12-03-17)	CAMP Debbie	4:56:42	97	f 50-54	3
Lisbon Half Marathon (15-10-16)	TABOR Claire	2:06:09	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	COTTER Rae	2:06:09	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	GIBNEY Sarah	2:06:10	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	HAIROVIC Elma	2:21:57	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	CUMMINGS Kerstin	2:28:48	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	McCLOSKEY Carol	2:29:24	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	WORRALL Pauline	2:29:25	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	HOLMES-SMITH Henrietta	2:31:00	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	KEMP Caroline	2:40:12	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	TAYLOR Corrine	2:40:12	0	n/a	n/a



race	name	time	position	category	catpos
Lisbon Half Marathon (15-10-16)	CHARMAN Suzanne	2:40:13	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	BARNES Denise	3:02:23	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	JONES Katy	3:02:23	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	WILSON Ann	3:02:24	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	McGINN Ellen	3:02:25	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	HENDY Millie	3:02:37	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	EVANS Sue	3:16:43	0	n/a	n/a
Lisbon Half Marathon (15-10-16)	JENKINS Liz	3:16:44	0	n/a	n/a
Lisbon Marathon (15-10-16)	LOADER Carole	4:09:57	0	n/a	n/a
Lisbon Marathon (15-10-16)	CAMP Debbie	4:25:36	0	n/a	n/a
Lisbon Marathon (15-10-16)	HAYWOOD Emma	4:44:28	0	n/a	n/a
Lisbon Marathon (15-10-16)	EVERITT Patricia	4:50:46	0	n/a	n/a
Littledown 5 (17-09-17)	ASH Rose	0:53:13	266	F55	16
Littledown 5 (17-09-17)	EVANS Sue	0:56:14	275	F55	18
Littledown Marathon	CUMMINGS Kerstin	4:32:53	0		0
Littledown Marathon	McGINN Ellen	5:14:35	0	00	00
Liverpool Rock n Roll Half Marathon (28-05-17)	WILSON Sara	1:58:42	2598		
London Marathon (23-04-17)	CUMMINGS Kerstin	3:43:37	0	0	0
London Marathon (23-04-17)	CAMP Debbie	3:52:56	0	0	0
London Marathon (23-04-17)	COTTER Rae	4:03:19	0	0	0
London Marathon (23-04-17)	WILSON Sara	4:46:16	0	0	0
London Marathon (23-04-17)	ELSWORTH Susan	5:32:36	0	0	0
London Marathon (23-04-17)	WILSON Ann	5:56:59	0	0	0
Lulworth Castle 10k (20-08-17)	ASH Rose	1:19:03	0		0
Lymington 10k (14-05-17)	COTTER Rae	0:48:12	252	F50	
Lymington 10k (14-05-17)	SALMON Rhonda	0:53:01	473	F50	
Lymington 10k (14-05-17)	TAYLOR Liz	0:53:53	512	F50	
Lymington 10k (14-05-17)	KONSBRUCK Loraine	0:57:13	650	F50	
Lymington 10k (14-05-17)	O'CONNELL Tracey	0:59:28	717	F40	
Lymington 10k (14-05-17)	CREIGHTON Mel	1:15:58	1040	F40	
Lymington Woodside parkrun (17-06-17)	SALMON Rhonda	0:26:43	67	F	20
Lymington Woodside parkrun 30 (28-01-17)	CUTLER Sarah	0:30:45	79	F	27
Lytchett 10 (12-02-17)	TABOR Claire	1:16:30	137	F35+	4
Lytchett 10 (12-02-17)	GIBNEY Sarah	1:23:25	215	FS	10
Lytchett 10 (12-02-17)	CUMMINGS Kerstin	1:26:23	249	F50+	8
Lytchett 10 (12-02-17)	WORRALL Pauline	1:27:46	265	F55+	8
Lytchett 10 (12-02-17)	HOLMES-SMITH Henrietta	1:33:47	330	F35+	18
Lytchett 10 (12-02-17)	RUFFLE Diane	1:34:50	341	F55+	11
Lytchett 10 (12-02-17)	HENDY Millie	1:37:10	354	F45+	23
Lytchett 10 (12-02-17)	FOX Joan	1:39:22	372	F60+	4
Lytchett 10 (12-02-17)	KONSBRUCK Loraine	1:39:46	374	F50+	22
Lytchett 10 (12-02-17)	BARNES Denise	1:45:07	407	F35+	29
Lytchett 10 (12-02-17)	BIRD Helen	1:50:26	436	F40+	35
Lytchett 10 (12-02-17)	McGINN Ellen	1:54:19	451	F45+	38
Lytchett 10 (12-02-17)	WILSON Ann	1:54:19	452	F50+	31
Maidstone parkrun 213 (08-04-17)	SALMON Rhonda	0:50:05	349	F	135
Maverick Devon Middle (16k) (01-07-17)	COTTER Rae	2:26:49	0	F	33
Maverick Hampshire Long 24k (04-03-17)	COTTER Rae	2:26:31	0	F	10
Medoc Marathon	DOWSETT Debbie	6:18:28	0		0
Moors Valley 10k (14-05-17)	BIRD Helen	1:05:53	247	40-49	49
Moors Valley parkrun 100 (30-09-17)	COTTER Rae	0:24:04	72	F	3
Moors Valley parkrun 100 (30-09-17)	McCLOSKEY Carol	0:30:28	238	F	65
Moors Valley parkrun 100 (30-09-17)	WILSON Sara	0:31:29	260	F	78
Moors Valley parkrun 101 (07-10-17)	EVERITT Patricia	0:26:06	101	F	21
Moors Valley parkrun 101 (07-10-17)	WORRALL Pauline	0:26:16	105	F	23
Moors Valley parkrun 101 (07-10-17)	McCLOSKEY Carol	0:27:47	141	F	40
Moors Valley parkrun 101 (07-10-17)	COTTER Rae	0:42:52	324	F	141
Moors Valley parkrun 102 (14-10-17)	WILSON Sara	0:33:23	317	F	116
Moors Valley parkrun 103 (21-10-17)	WILSON Sara	0:28:02	146	F	30
Moors Valley parkrun 103 (21-10-17)	WORRALL Pauline	0:28:16	148	F	32
Moors Valley parkrun 104 (28-10-17)	WILSON Sara	0:28:01	179	F	38
Moors Valley parkrun 104 (28-10-17)	COTTER Rae	0:29:20	215	F	56
Moors Valley parkrun 104 (28-10-17)	McGINN Ellen	0:31:38	280	F	92
Moors Valley parkrun 105 (04-11-17)	WORRALL Pauline	0:26:52	129	F	18

race	name	time	position	category	catpos
Moors Valley parkrun 105 (04-11-17)	WILSON Sara	0:28:56	178	F	42
Moors Valley parkrun 105 (04-11-17)	EVERITT Patricia	0:30:45	229	F	68
Moors Valley parkrun 105 (04-11-17)	EVANS Sue	0:35:42	335	F	142
Moors Valley parkrun 107 (18-11-17)	WORRALL Pauline	0:28:24	185	F	43
Moors Valley parkrun 107 (18-11-17)	McCLOSKEY Carol	0:28:42	193	F	48
Moors Valley parkrun 107 (18-11-17)	KONSBRUCK Loraine	0:28:44	194	F	49
Moors Valley parkrun 108 (02-12-17)	WILSON Sara	0:29:52	182	F	50
Moors Valley parkrun 108 (25-11-17)	WILSON Sara	0:29:52	0		0
Moors Valley parkrun 110 (09-12-17)	COTTER Rae	0:27:26	130	F	26
Moors Valley parkrun 110 (09-12-17)	KONSBRUCK Loraine	0:28:42	160	F	41
Moors Valley parkrun 110 (09-12-17)	WORRALL Pauline	0:29:53	195	F	64
Moors Valley parkrun 110 (09-12-17)	HENDY Millie	0:30:03	199	F	66
Moors Valley parkrun 110 (09-12-17)	DOVE Leeanne	0:36:25	304	F	134
Moors Valley parkrun 111 (16-12-17)	WORRALL Pauline	0:26:58	123	F	25
Moors Valley parkrun 111 (16-12-17)	WILSON Sara	0:35:27	227	F	87
Moors Valley parkrun 112 (23-12-17)	SPURIN Jane	0:36:24	354	F	130
Moors Valley parkrun 62 (07-01-17)	WORRALL Pauline	0:25:23	93	F	17
Moors Valley parkrun 62 (07-01-17)	COTTER Rae	0:27:41	162	F	38
Moors Valley parkrun 62 (07-01-17)	WILSON Sara	0:28:56	198	F	53
Moors Valley parkrun 62 (07-01-17)	DEAR Karen	0:36:00	368	F	150
Moors Valley parkrun 63 (14-01-17)	COTTER Rae	0:25:59	112	F	15
Moors Valley parkrun 63 (14-01-17)	COTTER Rae	0:25:59	112	F	15
Moors Valley parkrun 63 (14-01-17)	BIRD Helen	0:32:08	258	F	77
Moors Valley parkrun 66 (04-02-17)	COTTER Rae	0:27:43	159	F	35
Moors Valley parkrun 66 (04-02-17)	SIMPSON Sally	0:29:59	224	F	71
Moors Valley parkrun 66 (04-02-17)	BIRD Helen	0:32:44	293	F	107
Moors Valley parkrun 66 (04-02-17)	WILSON Sara	0:52:07	399	F	181
Moors Valley parkrun 67 (11-02-17)	WILSON Sara	0:34:25	395	F	156
Moors Valley parkrun 68 (18-02-17)	WORRALL Pauline	0:25:33	130	F	21
Moors Valley parkrun 69 (25-02-17)	COTTER Rae	0:24:17	74	F	13
Moors Valley parkrun 69 (25-02-17)	WILSON Sara	0:32:34	234	F	75
Moors Valley parkrun 70 (04-03-17)	SIMPSON Sally	0:24:58	101	F	14
Moors Valley parkrun 72 (18-03-17)	WILSON Sara	0:26:28	112	F	18
Moors Valley parkrun 72 (18-03-17)	HASLETT Helen	0:35:15	274	F	113
Moors Valley parkrun 73 (25-03-17)	WORRALL Pauline	0:26:35	136	F	18
Moors Valley parkrun 74 (01-04-17)	WORRALL Pauline	0:30:55	258	F	72
Moors Valley parkrun 74 (01-04-17)	COTTER Rae	0:33:40	301	F	103
Moors Valley parkrun 75 (08-04-17)	COTTER Rae	0:23:25	63	F	6
Moors Valley parkrun 76 (15-04-17)	COTTER Rae	0:28:56	258	F	58
Moors Valley parkrun 77 (22-04-17)	WORRALL Pauline	0:24:41	83	F	6
Moors Valley parkrun 77 (22-04-17)	SIMPSON Sally	0:24:59	92	F	8
Moors Valley parkrun 77 (22-04-17)	EVANS Sue	0:36:19	330	F	125
Moors Valley parkrun 78 (29-04-17)	WILSON Sara	0:30:08	246	F	66
Moors Valley parkrun 78 (29-04-17)	COTTER Rae	0:30:08	247	F	67
Moors Valley parkrun 79 (06-05-17)	COTTER Rae	0:31:21	287	90	
Moors Valley parkrun 80 (13-05-17)	HASLETT Helen	0:32:17	272	90	
Moors Valley parkrun 81 (20-05-17)	COTTER Rae	0:27:04	156	27	
Moors Valley parkrun 81 (20-05-17)	WILSON Sara	0:36:08	371	161	
Moors Valley parkrun 83 (03-06-17)	WORRALL Pauline	0:26:57	180	F	25
Moors Valley parkrun 84 (10-06-17)	WILSON Sara	0:26:00	101	F	12
Moors Valley parkrun 84 (10-06-17)	WORRALL Pauline	0:37:05	336	F	125
Moors Valley parkrun 85 (17-06-17)	COTTER Rae	0:23:44	85	F	9
Moors Valley parkrun 85 (17-06-17)	WORRALL Pauline	0:28:32	260	F	71
Moors Valley parkrun 85 (17-06-17)	McGINN Ellen	0:29:37	283	F	79
Moors Valley parkrun 85 (17-06-17)	BIRD Helen	0:37:02	447	F	185
Moors Valley parkrun 86 (24-06-17)	SHARP Gina	0:37:27	293	F	113
Moors Valley parkrun 88 (08-07-17)	COTTER Rae	0:28:39	141	F	27
Moors Valley parkrun 89 (15-07-17)	COTTER Rae	0:25:51	112	F	18
Moors Valley parkrun 89 (15-07-17)	WILSON Sara	0:25:52	114	F	19
Moors Valley parkrun 90 (22-07-17)	COTTER Rae	0:28:48	160	23	n/a
Moors Valley parkrun 90 (22-07-17)	WILSON Sara	0:28:48	161	24	n/a
Moors Valley parkrun 90 (22-07-17)	DOVE Leeanne	0:35:14	262	82	n/a
Moors Valley parkrun 91 (29-07-17)	WILSON Sara	0:36:20	327	128	n/a
Moors Valley parkrun 92 (05-08-17)	WILSON Sara	0:32:17	245	72	n/a

race	name	time	position	category	catpos
Moors Valley parkrun 94 (19-08-17)	DOVE Leeanne	0:34:24	327	119	n/a
Moors Valley parkrun 96 (02-09-17)	KONSBRUCK Loraine	0:28:17	176	F	32
Moors Valley parkrun 96 (02-09-17)	DOVE Leeanne	0:35:47	294	F	106
Moors Valley parkrun 97 (09-09-17)	CUMMINGS Kerstin	0:23:00	36	F	3
Moors Valley parkrun 97 (09-09-17)	WORRALL Pauline	0:27:39	129	F	17
Moors Valley parkrun 97 (09-09-17)	McCLOSKEY Carol	0:36:43	251	F	92
Moors Valley parkrun 99 (23-09-17)	WORRALL Pauline	0:25:53	147	F	18
Moors Valley parkrun 99 (23-09-17)	WILSON Sara	0:40:30	430	F	186
New Forest 10 (09-07-17)	JONES Katy	1:39:09	441	F35	n/a
New Forest 10 (09-07-17)	McGINN Ellen	1:54:51	591	F50	n/a
New Forest Half (10-09-17)	McCLOSKEY Carol	2:13:16	0		0
New Forest Marathon (10-09-17)	PONDER Becca	4:23:09	415	F40	21
North Devon Half (25-06-17)	McCLOSKEY Carol	2:52:16	0		0
North Dorset Village Marathon (30-04-17)	TABOR Claire	3:52:39	0	0	0
North Dorset Village Marathon (30-04-17)	CHARMAN Suzanne	6:25:40	0	0	0
North Dorset Village Marathon (30-04-17)	HAYWOOD Emma	6:25:40	0	0	0
North Dorset Village Marathon (30-04-17)	McGINN Ellen	6:25:40	0	0	0
Ox 12 Hour Frolic (06-05-17)	WILSON Sara	1:11:41	0		0
Ox 12 Hour Frolic (06-05-17)	EVANS Sue	1:31:05	1		
Ox 12 Hour Frolic (06-05-17)	HORDER Caroline	6:12:13	5		
Ox 12 Hour Frolic (06-05-17)	LOADER Carole	9:32:37	9		
Ox 12 Hour Frolic (06-05-17)	PONDER Becca	n/a	2		
Ox 12 Hour Frolic (06-05-17)	HUNT Clare	n/a	2		
Ox 12 Hour Frolic (06-05-17)	BIRD Helen	n/a	0		
Ox Dark (06-05-17)	WORRALL Pauline	1:35:24	0		
Ox Half Marathon (07-05-17)	TABOR Claire	2:13:06	0		
Ox Half Marathon (07-05-17)	CAMP Debbie	2:17:43	0		
Ox Half Marathon (07-05-17)	HAYWOOD Emma	2:19:14	0		
Ox Half Marathon (07-05-17)	TATTUM Rachel	2:33:46	0		
Ox Half Marathon (07-05-17)	RUFFLE Diane	2:51:44	0		
Ox Half Marathon (07-05-17)	FOX Joan	2:51:44	0		
Ox Half Marathon (07-05-17)	CUMMINGS Kerstin	3:02:30	0		
Ox Half Marathon (07-05-17)	McCLOSKEY Carol	3:02:31	0		
Ox Half Marathon (07-05-17)	WORRALL Pauline	3:02:34	0		
Ox Half Marathon (07-05-17)	CHARMAN Suzanne	3:02:34	0		
Ox Half Marathon (07-05-17)	WILSON Sara	3:02:51	0		
Ox Half Marathon (07-05-17)	HOLMES-SMITH Henrietta	3:03:12	0		
Ox Half Marathon (07-05-17)	BIRD Helen	3:04:15	0		
Ox Half Marathon (07-05-17)	BARNES Denise	3:27:18	0		
Ox Half Marathon (07-05-17)	WILSON Ann	3:27:18	0		
Ox Light (06-05-17)	ASH Rose	1:23:24	0		
Paris Marathon	CHARMAN Suzanne	4:29:57	0	0	0
Pennington Flash parkrun 295 (07-01-17)	SIDEBOTHAM Lydia	0:32:59	112	F	21
Pennington Flash parkrun 302 (04-03-17)	SIDEBOTHAM Lydia	0:31:42	121	F	36
Pennington Flash parkrun 303 (11-03-17)	SIDEBOTHAM Lydia	0:30:44	163	F	38
Pennington Flash parkrun 309 (22-04-17)	SIDEBOTHAM Lydia	0:30:07	114	F	27
Pennington Flash parkrun 312 (17-06-17)	SIDEBOTHAM Lydia	0:31:46	155	F	39
Pennington Flash parkrun 313 (24-06-17)	SIDEBOTHAM Lydia	0:31:12	126	F	28
Pennington Flash parkrun 319 (01-07-17)	SIDEBOTHAM Lydia	0:32:26	121	F	31
Pennington Flash parkrun 321 (22-07-17)	SIDEBOTHAM Lydia	0:32:30	119	26	n/a
Pennington Flash parkrun 327 (02-09-17)	SIDEBOTHAM Lydia	0:31:21	137	F	30
Pennington Flash parkrun 336 (04-11-17)	SIDEBOTHAM Lydia	0:31:12	121	F	29
Pennington Flash parkrun 340 (23-12-17)	SIDEBOTHAM Lydia	00:35:39	44	F	35
Pennington Flash parkrun 340 (23-12-17)	SIDEBOTHAM Lydia	00:35:39	44	F	35
Pennington Flash parkrun 340 (23-12-17)	SIDEBOTHAM Lydia	00:35:39	44	F	35
Pennington Flash parkrun 340 (23-12-17)	SIDEBOTHAM Lydia	0:35:39	44	F	35
Peterborough parkrun 200 (15-04-17)	WILSON Sara	0:33:14	538	F	173
Peterborough parkrun 220 (02-09-17)	WILSON Sara	0:39:30	485	F	199
Poole 10k (04-06-17)	CUMMINGS Kerstin	0:45:41	249	F50-59	2
Poole 10k (04-06-17)	TABOR Claire	0:47:25	315	Senior Female	22
Poole 10k (04-06-17)	WORRALL Pauline	0:53:18	544	F50-59	18
Poole 10k (04-06-17)	ELSWORTH Susan	1:02:18	874	F40-49	101
Poole 10k (04-06-17)	BIRD Helen	1:04:33	921	F40-49	111
Poole 10k (04-06-17)	EVANS Sue	1:14:08	1058	F60-69	18

race	name	time	position	category	catpos
Poole Festival of Running 5k	BIRD Helen	0:31:17	0		0
Poole parkrun 303 (14-01-17)	SIMPSON Sally	0:27:08	381	F	76
Poole parkrun 306 (04-02-17)	FERMOR Melanie	0:32:03	650	F	211
Poole parkrun 307 (11-02-17)	SIMPSON Sally	0:27:40	334	F	83
Poole parkrun 308 (18-02-17)	FERMOR Melanie	0:30:48	612	F	196
Poole parkrun 310 (04-03-17)	HASLETT Helen	0:31:49	606	F	231
Poole parkrun 310 (04-03-17)	ELSWORTH Susan	0:39:54	739	F	318
Poole parkrun 311 (11-03-17)	FERMOR Melanie	0:30:32	512	F	157
Poole parkrun 313 (25-03-17)	FERMOR Melanie	0:31:45	676	F	257
Poole parkrun 317 (22-04-17)	FERMOR Melanie	0:30:03	632	F	196
Poole parkrun 318 (29-04-17)	FERMOR Melanie	0:29:30	580	F	187
Poole parkrun 321 (20-05-17)	FERMOR Melanie	0:31:32	712	251	
Poole parkrun 323 (03-06-17)	FERMOR Melanie	0:30:30	463	F	134
Poole parkrun 327 (08-07-17)	FERMOR Melanie	0:31:08	431	F	128
Poole parkrun 328 (15-07-17)	FERMOR Melanie	0:30:18	416	F	117
Poole parkrun 332 (12-08-17)	FERMOR Melanie	0:31:55	556	192	n/a
Poole parkrun 335 (02-09-17)	CAMP Debbie	0:25:04	292	F	43
Poole parkrun 337 (09-09-17)	ELSWORTH Susan	0:30:53	500	F	155
Poole parkrun 337 (16-09-17)	SHARP Gina	0:32:10	497	F	171
Poole parkrun 343 (14-10-17)	SPURIN Jane	0:35:56	640	F	245
Poole parkrun 344 (04-11-17)	SHARP Gina	0:31:14	470	F	153
Poole parkrun 346 (18-11-17)	HORDER Caroline	0:22:11	10	F	10
Poole parkrun 347 (25-11-17)	ELSWORTH Susan	0:32:29	509	F	177
Port Sunlight 10k	WILSON Ann	1:12:57	0		0
Puddledown Plod (11-06-017)	GIBNEY Sarah	1:55:24	0		
Purbeck 10k (23-06-17)	TAYLOR Liz	0:54:03	296	V55	9
Purbeck 10k (23-06-17)	HOLMES-SMITH Henrietta	0:54:28	305	V35	30
Purbeck 10k (23-06-17)	FOX Joan	0:57:44	345	V65+	2
Purbeck Festival of Running	COTTER Rae	2:50:17	0	n/a	n/a
Ringwood Rabbit 10k (02-04-17)	KONSBRUCK Loraine	0:58:28	0		0
Rotary Quarter Marathon (15-04-17)	SALMON Rhonda	0	0	0	0
Rotary Quarter Marathon (15-04-17)	McGINN Ellen	0	0	0	0
Rotary Quarter Marathon (15-04-17)	BIRD Helen	0	0	0	0
Rotary Quarter Marathon (15-04-17)	WORRALL Pauline	0:56:11	0	0	0
Rutland Water parkrun 107 (23-12-17)	WILSON Saraf	00:26:12	85	F	12
Rutland Water parkrun 107 (23-12-17)	WILSON Saraf	00:26:12	85	F	12
Rutland Water parkrun 107 (23-12-17)	WILSON Saraf	00:26:12	85	F	12
Rutland Water parkrun 107 (23-12-17)	WILSON Saraf	0:26:12	85	F	12
Salisbury 54321 Marathon (13-08-17)	CAMP Debbie	4:40:29	0	n/a	n/a
Salisbury 54321 Half Marathon (13-08-17)	CUMMINGS Kerstin	2:42:18	0	n/a	n/a
Salisbury 54321 Half Marathon (13-08-17)	McCLOSKEY Carol	2:43:01	0	n/a	n/a
Salisbury 54321 Half Marathon (13-08-17)	ASH Rose	3:12:19	0		0
Sevenoaks Rotary 10k (02-04-17)	WORRALL Pauline	0:55:33	0		0
Snowdonia Half (23-07-17)	McCLOSKEY Carol	3:51:28	0		0
Solent Half Marathon (24-09-17)	CUMMINGS Kerstin	1:45:36	193	V50	n/a
Somerly 10k (02-01-17)	HOLMES-SMITH Henrietta	0:56:25	152	FV35	9
Somerly 10k (02-01-17)	HAJROVIC Elma	0:59:15	198	FV40	18
Somerly 10k (02-01-17)	ELSWORTH Susan	1:01:58	226	FV40	21
Somerly 10k (02-01-17)	WILSON Sara	1:05:47	264	FV40	29
Stratford-upon-Avon parkrun 84 (23-09-17)	COTTER Rae	0:23:17	67	F	6
Studland Stampede	DOWSETT Debbie	1:15:16	0		0
Summer Series Race 1 (03-05-17)	RUFFLE Diane	0:31:02	166	55-59	n/a
Summer Series Race 1 (03-05-17)	FOX Joan	0:33:27	201	65-69	n/a
Summer Series Race 1 (03-05-17)	BIRD Helen	0:36:58	227	40-44	n/a
Summer Series Race 2 (24-05-17)	RUFFLE Diane	0:32:28	176	55-59	n/a
Summer Series Race 2 (24-05-17)	KONSBRUCK Loraine	0:33:00	179	50-54	n/a
Summer Series Race 2 (24-05-17)	FOX Joan	0:34:14	195	65-69	n/a
Summer Series Race 2 (24-05-17)	BIRD Helen	0:37:23	223	40-44	n/a
Summer Series Race 3 (21-06-17)	FOX Joan	0:34:29	146	65-69	n/a
Summer Series Race 3 (21-06-17)	BIRD Helen	0:37:57	169	40-44	n/a
Summer Series Race 4 (12-07-17)	KONSBRUCK Loraine	0:32:15	0		0
Summer Series Race 4 (12-07-17)	BIRD Helen	0:35:57	0	n/a	n/a
Summer Series Race 5 (26-07-17)	FOX Joan	0:33:17	0	n/a	n/a
Summer Series Race 5 (26-07-17)	BIRD Helen	0:35:59	0	n/a	n/a

race	name	time	position	category	catpos
Summer Series Race 6 (09-08-17)	BIRD Helen	0:35:53	0	n/a	n/a
Sydling Hill (24-06-17)	JONES Katy	1:10:01	31	f 35-39	2
Sydling Hill (24-06-17)	STUCKEY Claire	1:12:38	35	f 40-44	3
Sydling Hill (24-06-17)	WORRALL Pauline	1:20:00	62	f 55-59	4
Sydling Hill (24-06-17)	BARNES Denise	1:25:07	73	f 35-39	10
Sydling Hill (24-06-17)	WILSON Ann	1:31:15	92	f 50-54	5
Sydling Hill (24-06-17)	BIRD Helen	1:32:05	101	f 40-44	14
Sydling Hill (24-06-17)	ASH Rose	1:39:52	128	f 60-64	2
Tamar Trails parkrun 27 (29-04-17)	WOODS Claire	0:21:53	6	F	1
The Beast (03-09-17)	COTTER Rae	2:11:50	187	W45	11
The Beast (03-09-17)	CUMMINGS Kerstin	2:30:32	273	W45	25
The Beast (03-09-17)	WORRALL Pauline	2:55:47	351	W55	14
The Beast (03-09-17)	FOX Joan	2:58:27	356	W65	2
The Beast (03-09-17)	RUFFLE Diane	2:59:36	358	W55	16
The Stickler (29-10-17)	TABOR Claire	1:37:23	0		
The Stickler (29-10-17)	WATTS Sara	1:44:30	0		
The Stickler (29-10-17)	DOWSETT Debbie	1:51:45	0		
The Stickler (29-10-17)	FOX Joan	2:02:56	0		
The Stickler (29-10-17)	RUFFLE Diane	2:03:09	0		
The Stickler (29-10-17)	BIRD Helen	2:26:50	0		
Trail Vololaden De Jura 8k (29-07-17)	JONES Katy	0:52:04	0		0
Trail Vololaden De Jura 8k (29-07-17)	TABOR Claire	0:52:04	0		0
Upton House parkrun 12 (19-08-17)	WORRALL Pauline	0:32:09	180	65	n/a
Upton House parkrun 12 (19-08-17)	WILSON Ann	0:32:17	181	66	n/a
Upton House parkrun 17 (30-09-17)	FOX Joan	0:30:08	115	F	34
Upton House parkrun 17 (30-09-17)	RUFFLE Diane	0:30:13	117	F	35
Upton House parkrun 18 (07-10-17)	FOX Joan	0:28:54	98	F	26
Upton House parkrun 19 (14-10-17)	FOX Joan	0:28:57	103	F	31
Upton House parkrun 2 (10-06-17)	SIDEBOTHAM Lydia	0:31:13	141	F	45
Upton House parkrun 21 (30-09-17)	FOX Joan	0:28:41	122	F	31
Upton House parkrun 21 (30-09-17)	HASLETT Helen	0:34:10	227	F	96
Upton House parkrun 22 (30-09-17)	FOX Joan	0:29:23	128	F	41
Upton House parkrun 22 (30-09-17)	WILSON Ann	0:32:31	181	F	74
Upton House parkrun 23 (11-11-17)	FOX Joan	0:29:00	103	F	37
Upton House parkrun 23 (11-11-17)	SPURIN Jane	0:38:11	173	F	81
Upton House parkrun 24 (18-11-17)	SPURIN Jane	0:37:24	204	F	98
Upton House parkrun 5 (01-07-17)	BIRD Helen	0:31:34	141	F	42
Wimborne 10 (19-11-17)	TABOR Claire	1:19:26	166	FV35-39	
Wimborne 10 (19-11-17)	CUMMINGS Kerstin	1:20:39	193	FV50-54	
Wimborne 10 (19-11-17)	COTTER Rae	1:22:27	203	FV50-54	
Wimborne 10 (19-11-17)	HYLTON Samantha	1:25:12	239	FV40-44	
Wimborne 10 (19-11-17)	WORRALL Pauline	1:27:41	273	FV55-59	
Wimborne 10 (19-11-17)	JONES Katy	1:34:39	339	FV35-39	
Wimborne 10 (19-11-17)	STUCKEY Claire	1:35:19	342	FV40-44	
Wimborne 10 (19-11-17)	FOX Joan	1:39:01	382	FV65-69	
Wimborne 10 (19-11-17)	HOLMES-SMITH Henrietta	1:39:10	383	FV35-39	
Wimborne 10 (19-11-17)	KONSBRUCK Loraine	1:40:22	391	FV50-54	
Wimborne 10 (19-11-17)	BARNES Denise	1:44:58	413	FV35-39	
Wimborne 10 (19-11-17)	SHARP Gina	1:51:02	440	FV50-54	
Wimborne 10 (19-11-17)	WILSON Ann	1:51:29	442	FV50-54	
Wimborne 10 (19-11-17)	McGINN Ellen	1:51:29	443	FV50-54	
Wimborne 10 (19-11-17)	BIRD Helen	1:56:53	0		0
Wimborne 10 (19-11-17)	ASH Rose	1:59:09	0		0
Wimborne 20 (05-03-16)	TABOR Claire	2:48:39	130	FV35	n/a
Wimborne 20 (05-03-16)	CUMMINGS Kerstin	3:00:48	160	FV50	n/a
Wimborne 20 (05-03-16)	WATTS Sara	3:01:41	162	FV45	n/a
Wimborne 20 (05-03-16)	DOWSETT Debbie	3:14:58	198	FV50	n/a
Wimborne 20 (05-03-16)	CHARMAN Suzanne	3:55:06	243	FV45	n/a
Wimborne 20 (05-03-16)	JONES Katy	3:55:06	244	FV35	n/a
Wimborne 20 (05-03-16)	McGINN Ellen	3:55:06	345	FV45	n/a
Yeovil Marathon (11-06-17)	COTTER Rae	4:21:42	131	F45	14
Moors Valley parkrun 113 (30-12-17)	WORRALL Pauline	0:30:00	241	F	70
Moors Valley parkrun 113 (30-12-17)	WILSON Sara	0:31:26	284	F	95
Bournemouth parkrun 231 (30-12-17)	DOWSETT Debbie	0:27:45	148	F	33

race	name	time	position	category	catpos
Bournemouth parkrun 231 (30-12-17)	KONSBRUCK Loraine	0:30:16	208	F	60
Bournemouth parkrun 231 (30-12-17)	HUNT Clare	0:30:40	218	F	64
Bournemouth parkrun 231 (30-12-17)	SPURIN Jane	0:36:57	317	F	119
Pennington Flash parkrun 341 (30-12-17)	SIDEBOTHAM Lydia	0:32:36	93	F	24
Upton House parkrun 30 (30-12-17)	WILSON Ann	0:32:37	180	F	64
Batemans Bay parkrun 87 (30-12-97)	SALMON Rhonda	0:27:16	72	F	11