Proposed Road Races for Club Championships 2024

Date	Event	Distance	Band	League
Feb	Blackmore Vale Half	13.1 mile	Long	DRRL
Feb	Lytchett 10	10 mile	Medium/Long	DRRL
March	Poole Park Run	5km	Short	
Apr	Marnhull	12km	Medium	DRRL
June	Club Mile Slades Farm (evening)	1mile	Short	
May	May 5	5 miles	Short	DRRL
July	Round the Rock	10 mile	Medium/Long	DRRL
Aug	Sturminster Half	13.1 mile	Long	
Sep	Round the Lakes 10K	10 km	Medium	DRRL
Oct	Weymouth 10	10 mile	Medium/Long	DRRL
Nov	Club 5K time trial (evening)	5km	Short	
Nov	Wimborne 10	10 mile	Medium/Long	DRRL
Jan - Oct 31	Any marathon with UKA(or international equivalent) road race with course measurement certificate.	26.2 miles	Long	

- Your best 6 races count - you must compete in a minimum of 6 events to qualify

- Runners must compete a minimum of one race from each distance to qualify - short, medium and long.

- 10 mile races can be counted in either the medium category of the long category.

- You must run at least one race from each distance band with the exception of over 65s, for whom the long distance is optional.

- Entrants are encouraged to wear club vests or tee shirts.

- Scores will be included for competitors as long as sufficient races remain to complete the required minimum of 6

- Some races have yet to start taking entries or to confirm dates. If there are any changes to the list as events unfold, these will be published via WhatsApp, Email, Facebook and BJ newsletter.